Speed Dating with the Pharmacy Ladies: Practical Medication Tips for End-of-Life Care (SA542)

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Objectives

- Discuss three pearls related to pharmacology of palliative medications.
- Discuss three pearls related to appropriateness of maintenance medications in end-of-life care.
- Discuss three pearls related to the use of palliative medications in a safe and effective manner.

Complex medication decisions are an integral part of treating palliative care patients. Pharmacists have a unique perspective on using these medications creatively and effectively. This one-hour session will address tips and tricks for using medications appropriately for patients facing advanced diseases. Whether debriding a medication profile, aggressively treating symptoms, or strategizing a dosage formulation, it can be hard to commit to medication decisions. Two pharmacists will speed-date their way through medication tips designed to highlight important and little known medication facts that are important in palliative medicine. Topics to be covered include determining appropriate maintenance medications; side effects of opioids, such as hypogonadism; alternate administration of oral medications; using topical products; tips for maximizing dosing of patches; buccal versus transmucosal administration; medications that you can crush versus dissolve; and more! Find a tip that you are compatible with and that may just change your life.