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ASCEND 2020

COVID EDITION: NEXT LEVEL LEADERSHIP

We are thrilled you will be joining us for **2020 Ascend: COVID Edition – Next Level Leadership**, October 4-22. This guide will help you navigate the virtual program and its offerings.

In advance of the first session on October 4, please complete the following so you're prepared to participate.

Test Zoom

Test your internet connection and Zoom application by joining a [test Zoom meeting](#).

Login to the Ascend Event Platform

To create your login to the Ascend Event Platform:

- Access this link to [set your password](#) – enter the email you used to register for Ascend
- You will be emailed instructions to change your password
- Once you change your password, fully login to the site. Consider saving your login for easy access.

Build Your Ascend Profile

After you have logged in, complete your profile on the [Ascend Event Platform](#). Access your profile by clicking the circle in the upper right-hand corner and select “Profile”.

Join Groups and Introduce Yourself

Each session type has a discussion group to join.

Join a group by:

- At the top of the page, select “Session Types” then “All Sessions”
- On that page, select “Join” to become a part of each group
- Say “hello!” in the “Introductions and General Discussion”

Sunday Dinner, October 4

Plan to **dine on us** as you listen to the Ascend 2020 Opening Plenary, *Accepting What You Can Control*, presented by AAHPM Immediate Past President Joanne Wolfe, MD MPH FAAHPM.

Here's how it works:

On Friday, October 2, you will receive a Welcome Email from Grubhub for our Sunday, October 4, 5 pm CT dinner. The email will

include login credentials (username will be your email address you used to register for Ascend), a link to set your password, and instructions for accessing your new Grubhub account. The corporate account may read as Association Management Center. **NOTE:** the link will expire after 3 days if the account is not activated.

Individual Meal Ordering/Budget for the dinner is \$15 per person. This stipend can apply to the cost of food, tax, tip, and any delivery fee. If your order exceeds this amount you can pay the balance with your credit or debit card. **NOTE:** the line of credit will be available beginning at Noon CT on Sunday, October 4.

Please contact Lauren Krauth at LKrauth@Connect2amc.com if you do not receive your Grubhub Welcome Email **on Friday, October 2** or if you have any questions.

Be sure to click the word APPLY on the homepage, so the Corporate Line of Credit is auto applied against the total due at checkout (example below)

The image shows a screenshot of the Grubhub website. The main header area features a search bar with the text "Who delivers to your workplace?" and options for "Delivery" and "Pickup". The search bar contains "ASAP" for the time, "NY Office, 10351 Wa ..." for the location, and "Pizza, sushi, G..." for the search query. A blue "Find food" button is visible. Below the search bar, a notification states: "Kat, you have a **line of credit** to use on your order. [Apply](#)". A yellow arrow points to the "Apply" link. Below the notification, it says "Expires: 05/05/19 [See details](#)". To the right, a "Payment information" panel is shown, featuring a "Line of Credit" section with a "Demo Budget" of "\$15 applied" for "Grubhub Demo" from "10/02/20 to 10/04/20". A "Remove" button is located at the bottom of the panel.

Accessing Ascend Sessions

LIVE Sessions / Watch Parties

- Go to the [Ascend Event Platform and sign in](#)
- Access the [Conference Schedule](#) and your desired session
- Zoom meeting links will be posted the day of each session and will also be emailed to you the day of
- All Ascend sessions will begin in a Waiting Room. AAHPM staff will admit registered attendees only.

On-Demand

- Go to the [Ascend Event Platform and sign in](#)
- Access the "Conference Schedule", then find the session you would like to watch
 - Pre-recorded sessions – if you are unable to attend a Live Watch Party, you can access the recordings on the morning of the Watch Party. Check the [schedule](#) for dates/times.
 - Pearls in Passing – check the conference schedule for specific release dates
 - Recorded sessions – the following sessions will be presented live and will also be recorded. We will post the recordings the following day for you to access on your own time.
 - *Accepting What You Can Control*, Joanne Wolfe, MD MPH FAAHPM
 - *Responding to the Never-Ending Gaping Jaws of Need / Wellness Amidst a Pandemic*, Vicki Jackson, MD MPH FAAHPM and Mihir Kamdar, MD

Participate in Ascend Sessions

- Arrive early as we will always start on time
- Unmute yourself to speak. You will automatically be muted when you join.
- Select “Speaker View” for the best viewing
- Participate and share via the Zoom Chat function or the Q&A option (if offered)



Evaluations/CME/MOC

- Complete the program evaluation.
- If you’re seeking CME or MOC, you are required to complete the evaluation including two specific actions you will take within the next month as a result of what you learned from participating in Ascend.
- Immediately following the first Ascend session on October 4, you will receive an email from Planstone (AAHPM evaluation system) to access the evaluation. Evaluations will be available following completion of each session. The **last day to complete evaluations** in order to claim CME or MOC is **Monday, November 30, 2020**.
- To earn MOC, you are expected to participate in the chats and live Q&A with faculty and navigators for which you are seeking credits. Participation is verified and the faculty or navigators facilitating the session will attest that you have met the participation requirements needed to earn MOC.
- AAHPM will share participation information of physicians seeking MOC credits with ABIM and ABP via the Accreditation Council for Continuing Medical Education (ACCME) PARS data platform.

Advance Reading Materials

- On **Thursday, October 15**, you will have the opportunity to engage (via discussion on the Ascend Event Platform) in applied learning through evidence-based literature focused on leadership. Read the *Harvard Business Review* article: [What Good Leadership Looks Like During This Pandemic](#) and engage in a discussion around the following questions:
 - How do you see this applying in your life right now and how has it changed over the months of the pandemic?
 - What resonates with the leadership you have experienced in the pandemic?
 - What leadership was missing that you wished you would have had?
- On **Wednesday, October 21**, the Navigator led Small Group MEETUP will include a discussion around the *Harvard Business Review* article: [Making Yourself Indispensable](#). Be prepared to discuss the following questions...
 - What is the first step in improving your leadership skills?
 - In order to become an exceptional leader, why is it important to not to ignore your strengths and only focus on your weaknesses?
 - What is leadership cross training? What are complementary skills?
- On **Thursday, October 22**, the Navigator led Small Group MEETUP will include a discussion around the *Harvard Business Review* article: [How Management Teams Can Have a Good Fight](#). Be prepared to discuss the following questions...
 - Is it possible or desirable to “get everyone on the same page” or “on board”?
 - Are there healthy ways to encourage disagreement?

- Do different team members take on different roles during conflict e.g. are there different members who play “devil’s advocate” at times depending on the issue or is it always the same team member?
- Why is diversity of team opinions important?
- What are a couple of key things you as a leader can encourage that may foster productive “good fights”?



Social Media

Share your experience on Twitter using #Ascend2020



Questions/Help

If you need help at any time, please do not hesitate to contact one of our AAHPM team members.

- During normal business hours, weekdays: 8 am – 5 pm CT, email info@aaahpm.org or call 847.375.4712
- On Sunday, October 4 and after 5 pm CT, October 14 and October 21, email dlevreau@aaahpm.org

AAHPM Store

- AAHPM wants to help you continue your learning beyond Ascend and is offering Ascend participants a 20% discount on AAHPM products October 4-22, 2020. Use code ASCEND20 at Checkout.
- To learn more about AAHPM products and services - Visit the [AAHPM Store](#)

Let’s Review What Is Up Ahead

- We will be with you every step of the way sending you reminders for upcoming sessions, online article discussion, and encouragement to continue the conversation on the Ascend Event Platform.
- On Ascend days, we will send you links and directions to access each session. Be sure to check the email address you provided when you registered.
- [Click here](#) for a detailed schedule, session descriptions, and speaker bios.

We look forward to *Ascending* with you.

Bethany C. Snider, MD HMDC FAAHPM

Katie Neuendorf, MD FAAHPM

Dawn Levreau, staff liaison, dlevreau@aaahpm.org

